DISCOLORED TEETH:
True or False - Discolored Teeth are not a Problem.

False! A recent study has shown that 93% of all discolored teeth are non-vital. Teeth become discolored because of pulpitis (Fig. 1). The pulpitis is usually a result of blunt trauma that is not severe enough to cause crown fracture, but causes injury and inflammation to the tissues (pulp) that occupy the inside of the tooth. Inflammation within a fixed, rigid space without collateral circulation results in tissue necrosis. Why does the tooth change color? Hemoglobin pigments and the pigmented by-products of the inflammatory process leach into the dentin utilizing the familiar grey-purple-magenta coloration (Fig. 2). The tooth color does not change over time and the tooth does not seem to cause any discomfort. So what’s the fuss? Even though the tooth does not cause pain (because it is most likely dead!), the necrotic tissue within the pulp is an excellent medium for bacterial growth. Although the tooth may appear fine (showing the 70% of the tooth you can’t see) will often reveal periapical infection secondary to seeding of the necrotic tissue by hematogenous bacteria; or bone destruction to the infranital pulp (Fig. 3). The source of the bacteria could be distant (cystitis, prostatitis, nephritis) or local (bleeding gums from gingivitis).

Periapical abscess can be a source of bacteremia leading to systemic illness. All discolored teeth are candidates for either root canal therapy or extraction. Waiting and waiting is not a good idea!

Fig. 3 Radiographs of a discolored, devitalized maxillary canine tooth in a dog. Note the wide pulp canal and periapical radiolucency area (arrow) indicating pulp death and secondary infection/bone resorption.

ORAL & MAXILLOFACIAL NEOPLASMS:
True or False - Initial, Aggressive Surgery Optimizes the Potential for Cure.

True! Oncologic studies in both veterinary and human medicine have shown that aggressive resective surgery as a component of a multimodality treatment plan provides the patient with the most positive prognosis. Debulking procedures and multiple more conservative surgeries are associated with decreased survival rates, not to mention having a negative impact on quality of life. Reconstructive surgical methods that provide the surgeon with techniques for wound closure provide the confidence and ability to attain greater gross tumor-free tissue margins that are directly correlated with tumor-free margins, or histologic examination of the resected lesion. The oral and maxillofacial surgeon and oncologist work as a team to stage the neoplasm: thoracic radiographs +/- MRI, biopsy, CT scan of the lesion, regional lymph node (mandibular, parotid, medial retropharyngeal) excisional biopsy. Why is the staging process important? This information is valuable to the owner/surgeon/oncologist to decide: Has the neoplasm already metastasized? Is the neoplasm potentially resectable? What is the prognosis with complete/ incomplete excision? What type of follow-up oncologic therapy will be recommended?

Fig. 4 Photographs of a 12-year-old DSJ cat with squamous cell carcinoma encroaching on the left upper eyelid (A). The lesion required orbital exenteration and reconstruction using an axial pattern flap (arrow) based on the caudal auricular artery (B). The flap provided wound coverage (C) with no wound healing complications noted 3-weeks postoperatively (D).

Have a plan! Multiple plans… A, B, and C. The staging and preoperative planning process allows the oral and maxillofacial surgeon to design a surgical plan that may utilize regional axial pattern flaps such as the caudal auricular or superficial temporal for wound closure (Fig. 4). Intraoral lesions may require large buccal mucosal flaps or a hard palate mucoperiosteal flap based on the greater palatine artery to provide wound closure and avoid oronasal fistula as a complication.

ORAL FRACTURE REPAIR:
True or False - Rigid Internal Fixation is Required for Oral Fracture Repair

False! Studies have shown that interdental wiring/acrylic and external skeletal fixation are as effective as bone plating 4-months following repair of bilateral mandibular osteotomies. Bone plating is rarely required for repair of oral fractures. Further, applying plates and screws is fraught with potential complications: drill bits or screws skewering tooth roots or the inferior alveolar artery, vein, and nerve in the mandibular canal. Fracture fragments have compromised vascular supply secondary to the traumatic incident. Open surgery to isolate and precisely align fracture fragments further compromises blood supply, risking osteomyelitis. Why not fix the fracture without touching bone? That’s right, leave the bone alone and maximize preservation of remaining blood supply by applying the fixation to teeth. After all, aren’t we trying to restore occlusion so the patient will have a comfortable bite? Sure, a muzzle would work… but, would you want your mandible to be “off” by a centimeter for the rest of your life?

The goal of fracture repair is to provide bony support for the teeth. Intertential fixation using wire and acrylic restores occlusion and avoids iatrogenic trauma to teeth while maximizing preservation of fracture fragment blood supply (Fig. 5 and 6). More invasive techniques may result in perfect fracture alignment at the expense of tooth injury and subsequent loss. It doesn’t make sense to injure teeth to achieve bone healing. After all, we know that dogs and cats do remarkably well after major maxillectomies and mandibullectomies. And what if teeth are missing or left on the asphalt? An external fixator is an excellent second choice.

Fig. 5 Preoperative radiographic view (A) and computer-generated simulation (B) of a caudal mandible fracture in a dog.

Fig. 6 Immediate postoperative lateral (A) and ventrodorsal (B) radiographs showing the result of application of interdental wire and acrylic (the acrylic is radiolucent) for mandibular fracture repair. Occlusion has been restored despite minor bone malalignment. The fracture healed without complication (C).


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